



Carmen Barrasa Marina

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WORK EXPERIENCE

03/11/2019 – 06/11/2019 Plasencia, Spain

ORAL HYGIENISTPRUNUS DENTAL CLINIC

- Attending to patients in the reception area, making appointments and solving problems facing the public.
- Preparation, sterilization and disinfection of materials.
- Dental cleanings
- Assistance to the dentist in all areas.
- Performing fillings, extractions...
- Use of alginate for casting plaster molds.
- Conducting implant and orthodontic studies with patients.
- Providing patients with general advice on the importance and care of the mouth and techniques for oral hygiene at home.
- Application of prophylactic material on the teeth.

08/16/2023 – 11/01/2023 Plasencia, Spain

ORAL HYGIENISTHERNÁNDEZ-BOTEJARA CLINIC

- Attending to patients in the reception area, making appointments and solving problems facing the public.
- Preparation, sterilization and disinfection of materials.
- Dental cleanings
- Assistance to the dentist in all areas.
- Performing fillings, extractions...
- Use of alginate for casting plaster molds.
- Conducting implant and orthodontic studies with patients.
- Providing patients with general advice on the importance and care of the mouth and techniques for oral hygiene at home.
- Application of prophylactic material on the teeth.

SOCIO-HEALTH CARE TECHNIQUE

- Care and maintenance of people of all age groups in all acute care settings as well as primary care settings.
- Gymnastics adapted for the elderly and disabled
- Carrying out psychomotor activities
- Development of cognitive activities adapted to the levels of each person.
- Specialized primary care.
- Hygiene adapted and specific to the needs of each person.

EDUCATION AND FORMATION

09/25/2017 – 03/10/2019 Navaconcejo

CARE FOR PEOPLE IN A SITUATION OF DEPENDENCY AND DISABILITYIES Jerte Valley

● **LANGUAGE SKILLS**

Mother tongue(s): **SPANISH**

Other languages):

	COMPREHENSION		ORAL EXPRESSION		EXPRESSION WRITTEN
	Comprehension auditory	Comprehension reader	Oral production	Oral interaction	
FRENCH	B1	B1	B1	B1	A2

Levels: A1 and A2 (basic user), B1 and B2 (independent user), C1 and C2 (competent user)

● **DIGITAL SKILLS**

Responsibility at work on | Social networks | Teamwork | Communication | basic notions
 managing Word PDF and tics | Interaction through digital technologies | Troubleshooting |
 Ability to learn quickly and work as a team | Gmail Google Tools Mastery (Gmail
 Drive Google forms etc) Empathy and Interpersonal Sensitivity